



NOVEMBER 2020

A LETTER FROM THE  
CHIEF EXECUTIVE OFFICER

Friends,

In the midst of economic challenges, a pandemic, and a toxic political environment, there has perhaps never been a better time to stop and give thanks for the health of our own hearts and sanity. I trust you enjoyed your fair share of feasting and giving thanks this past week.

I want to take a moment and extend my gratitude to you, as well. You receive this newsletter because you have been connected to Chosen at some point and supported us with counsel, gifts, or perhaps, service. You have been a part of truly making a difference in the lives of children by helping them heal and strengthening their families. I'll share a recent success story.

A family recently came to us after adopting a twelve year old boy. Their hearts had been moved to adopt a youth that statistically had little chance of being adopted, which means he would likely age out of foster care. Their hearts were aflame to make a difference in the life of this child and yet they found themselves unable to handle the behaviors that quickly emerged. After years in the system, Jake had learned coping skills that helped him survive but also pushed people away who express care. His losses made trust very difficult, and he was rejecting the very

thing he needed the most — love.

As we began walking along side the family, we were able to help the parents gain a deeper sense of empathy for Jake's story. He wasn't trying to destroy their family -- at his core, he was terrified of being hurt and, ultimately, rejected again. His parents also gained new tools for parenting that equipped them to help disarm Jake and begin forming a healthy attachment.

This family, once on the brink of disruption, has completely turned around. Jake has many more miles of healing ahead, but they are progressing forward.

Sadly, there are countless children like Jake who need healing. Will you please consider [giving](#) to make this possible? Your generosity matters. And completely changes the trajectory of children's lives who sometimes get trapped in cycles of trauma that breed more destruction. Together, we can continue making a difference.

Sincerely yours,



Jenni Lord  
CEO

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## Did You Know: November is National Adoption Month

Every adoption journey is different, and Chosen is here to walk with each family on that unique journey. Do you have an adoption story you'd like to tell?  
Share it with us by [emailing us](#) or reaching out on [Facebook](#)!

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Chosen's End of Year Campaign Kicked Off Nov. 1st



**Change a family.  
Change a destiny.  
Change the world.**

*Help us heal families  
by giving to Chosen's Annual  
Campaign.*

**Give Today**



**Change a Family. Change a Destiny. Change the World.**  
At Chosen, we do whatever it takes to ensure families stay together.

This month, we launched our End of Year Campaign . You can help change the world by healing families throughout our community. Every dollar you give between now and the end of the year will support Chosen's vision of every child thriving in a family.

**GIVE NOW**

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## UPCOMING EVENTS

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**How to Handle Lying**  
Parent to Parent Support Group  
Wednesday, December 2, 2020  
8:00 PM EST / 7:00 PM CST

Lying and manipulation are common struggles when parenting children who have experienced abuse, neglect, and grief. While frustrating to parents, lying is a behavior that children use to meet their needs. Join us this month as we tackle this difficult topic and discuss practical tips.

Save Your Seat  
Today!

# In Case You Missed It!

You can always stay up-to-date on our resources by visiting our website or by following us on social media!

Dr. Dan Siegel helps us understand the brain in a simple way by talking about the upstairs and downstairs brain. As caregivers, it is our job to help our children build a staircase to the upstairs brain. [Here](#), Staci shares helpful tips to build and strengthen this staircase.

A photograph of a woman walking away from the camera down a path lined with autumn trees. A large orange circle on the left contains the text "VISIT OUR BLOG".

VISIT  
OUR  
BLOG

A Few  
Small Steps  
& One Big  
Dream

TWELVE YEARS AGO, THE IDEA FOR  
CHOSEN WAS CONCEIVED

Welcome,  
Zakk Kiser!



We are pleased to announce that Zakk Kiser has joined Chosen as our Marketing and Communication Designer. Zakk's creativity and positive energy are a wonderful asset, and we are thrilled to have him as a part of the team!

*connect with us*



**CHOS*EN***<sup>TM</sup>

STRENGTHENING FAMILIES | HELPING CHILDREN HEAL | CHOSEN.CARE