



JUNE 2021 NEWSLETTER

Summer is here! And with it comes plenty of opportunities to grow together as a family. This month's Chosen Post is full of resources, tips, and more to prepare you for a joyful summer!

A LETTER FROM THE CHIEF EXECUTIVE OFFICER

Summer is a chance for each of us to get back to what we previously referred to as “normal,” as we finally emerge from the Covid pandemic.

But what is *normal*? For many of us, it’s returning to the workplace, enjoying a night at the movies, or meeting friends for a weekly dinner. Lately I’ve found myself questioning, though—is this “normal” the best for us and our families? What do I **not** want to go back to?

COVID-19 cast a somber cloud over life for the past year. But that cloud came with a hidden blessing. Slowing down our fast-paced lives provided space for us to make time to truly connect with our families.

My family spent evenings playing board games and worked on the lawn together. I listened to the birds and spent more time in nature. Amidst the devastation of the pandemic, many **families deepened their relationships by spending intentional time together.**

So as you plan out your summer, I ask you to reflect on what part “**normal**” you don't want to return

to. Instead, as parents, let's take this opportunity to prioritize family relationships and intentional connecting.

In [this Coffee with Chosen video](#), Chosen care manager Erika emphasizes the importance of "Increasing the Family Fun Factor." She talks about using exercise to improve mood, but also describes how having fun with your children in this way will help you connect with them!

This summer, try out a new activity with your children, or make a plan to spend [one on one time](#) with them once a day. You might be surprised at the things you can learn from your children when you deliberately connect with them!

And if you know families who are really struggling with big behaviors or connection, please send them our way. We're here to serve, so that *every child can thrive in a family*.

Blessings,



Jenni Lord | Chosen Care
Chief Executive Officer

WE HOPE YOU HAD A HAPPY FATHER'S DAY!

Did you catch our video on social media? Check it out below - it features Chosen staff and board members, along with the special men in each of our families!



Hearts and Hands Golf Tournament



Time is ticking! There are only a few months left to support Chosen by signing up for the **Hearts & Hands Golf Tournament**.

We are honored that the proceeds from this event will support Chosen's mission of helping children heal by strengthening their families.

But we need YOU to help make this event a success!

This annual tournament will be held Thursday, October 7, 2021 at The Quarry Golf Course. Not a golfer? No problem, you can join us for the after party!

[Purchase Tickets Here](#)

2021 Chosen Race Update: We'll see you in 2022!



The Prettiest Race in Texas will not take place in 2021. We apologize for any disappointment this may cause, and please know that we share the desire to get back on the running trail!

We are looking forward to the 2022 Prettiest Race in Texas - dates to be announced soon.

For more information on the cancellation of the 2021 race, please view the full statement [here](#) from the race management company, Split Second Productions.

Chosen continues to grow.

Join us in welcoming our new team members!



Alicia Dentler, MS, LMFT

Alicia is passionate about strengthening families to move them from surviving to thriving. Alicia has trauma-informed education and extensive experience in the child welfare system, specifically with kinship caregivers.

Read more about Alicia [here](#).



Karina Murphy

Karina is passionate and determined to make a difference in the lives of children and their families. Karina is bilingual with training in case management and child development, and has over 20 years of experience in the field.

Read more about Karina [here](#).

Have you committed to being part of the healing in 2021?

12 MONTHS, 12 WAYS

TO MAKE A DIFFERENCE



[PLEDGE HERE](#)

We are already 6 months into 2021, but there is still time to sign up to make a difference in the lives of the families we serve!

Today, you can join our community of monthly donors, who support Chosen with an automatically recurring gift of ANY amount.

Whether you sign up to give \$10, \$25, or \$100 a month, you are making a difference to families who are on their journey toward healing!

Monthly commitments of **any amount** can be made [here](#).

connect with us



CH^{osen}®

STRENGTHENING FAMILIES | HELPING CHILDREN HEAL | CHOSEN CARE